

# Guillermo Gutierrez

*PhD in Psychology*

Clinical Psychologist · Mental Training & Emotional Management Specialist

📅 02/06/1970

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## PROFESSIONAL PROFILE

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PhD in Psychology with over 25 years of experience in clinical practice, psychosocial consulting, and educational leadership. Specialized in Family Systems, Cognitive-Behavioral approaches, and Neurosciences. Proven track record working with diverse populations — including youth, adults, elderly, and people with disabilities — across private practice, public health, and international advisory contexts. Certified Mindfulness Facilitator and Mental Training & Emotional Management Coach, combining scientific rigor with a humanistic approach.

## WORK EXPERIENCE

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### Psychosocial Consultant

*Advisory services for Ticiana Palumbo, International Psychosocial Consultant | March 2025 – Present*

- Consulting on psychosocial interventions for Youth and Disabled populations in conflict zones at an international level.

### Mental Training & Emotional Management Trainer

*Independent Practice | 2025 – Present*

- Design and facilitation of workshops and individual programs focused on mental performance, emotional regulation, stress management, and resilience.
- Delivery of training to individuals and organizations seeking to strengthen psychological performance and wellbeing.

### Psychopedagogical Chief of Staff

*Special School J.M. Fernández | May 2005 – March 2025*

- Led psychoeducational assessments and disability inclusion processes over 20 years.
- Supervised administration of psychometric and projective techniques.
- Built and coordinated interdisciplinary networks with external institutions.
- Delivered training courses, seminars, and conferences on inclusion and special education.
- Implemented adapted sports programs (equestrian therapy, swimming).

### Independent Clinical Psychologist

*Private Practice | 2000 – Present*

- In-person and teletherapy care for adult and elderly patients.
- Cognitive-Behavioral and Family Systems therapeutic approaches.
- Multidisciplinary collaboration with other health professionals.

### Clinical Psychologist

*Dr. A. Luqui Municipal Hospital – Capilla del Monte | 2004 – 2008*

- Psychological care in public health setting with multidisciplinary teams.
- Attended adult and elderly patients within professional athenaeums.

### Co-founder & President – Casa Joven

Cencerro NGO | 2007 – 2012

- Founded and led a youth community center offering vocational, cultural, and sports programs.
- Coordinated interdisciplinary teams of professionals and teachers.
- Delivered workshops on sexual education, vocational guidance, economics, literature, and dance.
- Managed craft and recreation workshops (carpentry, recycling).

## ACADEMIC BACKGROUND

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### PhD in Psychology

Universidad de Flores | 2018 — Mention in Systemic, Cognitive and Neurosciences

Thesis: "Social skills in young people with intellectual disabilities attending and graduating from special schools in northern Punilla Department"

### Bachelor of Psychology

Universidad Argentina John F. Kennedy | 2000

### International Specialization in Couple Therapy

Argentine Systemic School | April – December 2021

Affiliated with Hospital Sant Pau (Barcelona, Spain) & MRI (Palo Alto, USA)

### Specialization in the Systemic Model

Argentine Systemic School | 2007 – 2009

### Mindfulness Facilitator Certification

Mindfulness Educators | February 2025 – March 2026

## SKILLS

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### Clinical & Professional

- Cognitive-Behavioral Therapy
- Family Systems Therapy
- Couple Therapy
- Psychometric Assessment
- Disability Inclusion
- Mental Training & Emotional Regulation
- Mindfulness Facilitation
- Adapted Sports Programs
- Psychosocial Crisis Intervention
- Training & Workshop Design

### Interpersonal

- Leadership & Team Coordination
- Effective Communication
- Active Listening
- Interdisciplinary Collaboration
- Empathy
- Training & Facilitation

## LANGUAGES

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### Spanish (Argentina)

Native

### English

Professional Working Proficiency